

Example (from Brase and Brase 5th Ed):

Julia enjoys jogging. She has been jogging over a period of several years, during which time her physical condition has remained constantly good. Usually, she jogs 2 miles per day. The standard deviation of her times is $\sigma = 1.80$ minutes. During the past year, Julia has recorded her times to run 2 miles. She has a random sample of 90 of these times. For these 90 times, the mean was $\bar{x} = 15.60$ minutes. Let μ be the mean jogging time for the entire distribution of Julia's 2-mile running times (taken over the past year). Find a 0.95 confidence interval for μ .